



CATALUNYA

CYCLING WEEK

GIRONA & CATALUNYA: Cycling

Day 1

The trip starts in Girona, home to over ten pro teams and numerous amateur teams. We have a beautiful bike ready for you to ride.

ROLL

We'll warm up the legs with a 20km loop around Girona. In just a few stoplights you'll be out of town.

After the ride, we'll take you on a walking tour of Girona's Old Quarter. Learn about the myths & legends.

VIBE

20km test your bike fit & stretch your legs

SLEEP

Girona 4* Hotel



Day 2

RIDE

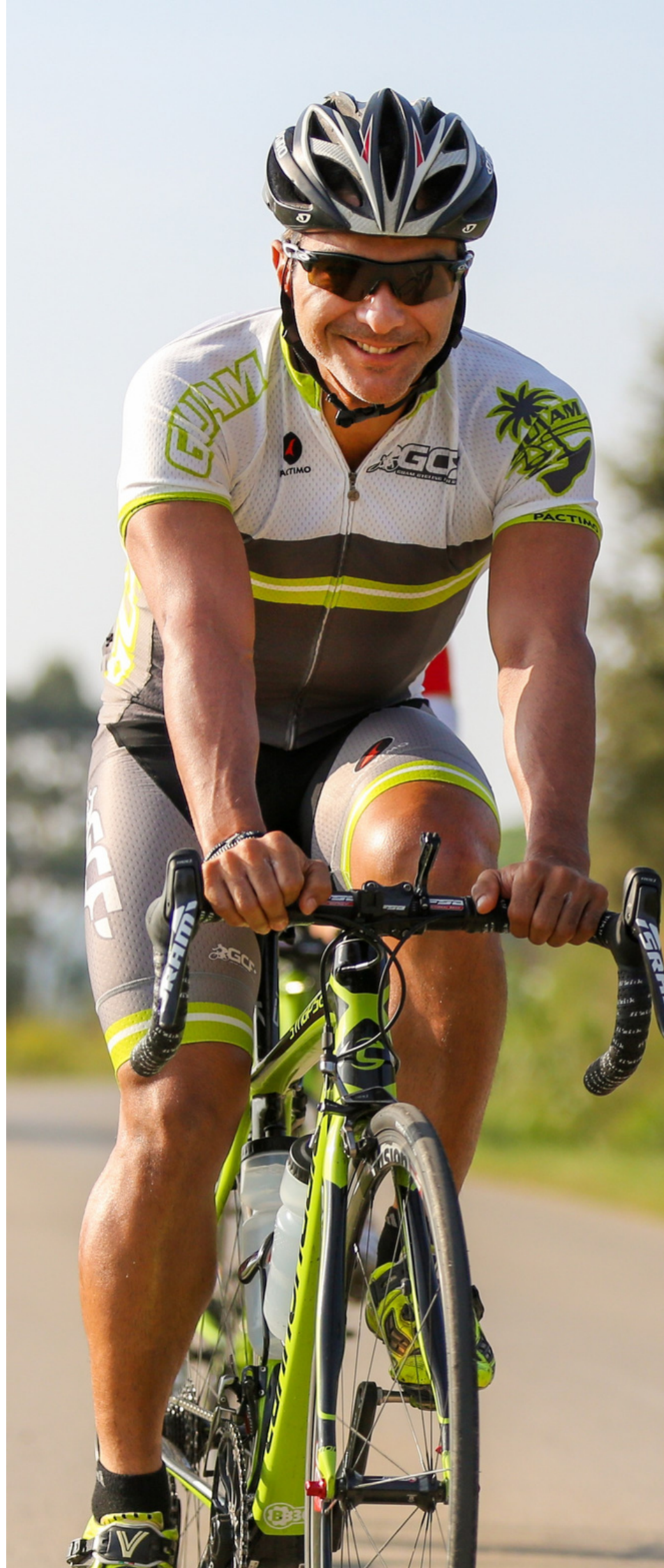
Wake up & eat a full breakfast as today is our longest ride of 70 - 100km. We'll roll out of town and head up a gentle climb and have a coffee at the home of the Wild Boar Hunting Club.

For those wanting a full 100km, climb another 15km on a gradual slope to the top of St Hilari.

VIBE

Solid, great ride day. Who's up for a fun filled evening of tapas?

SLEEP Girona 4* Hotel



Day 3

RIDE

Head to the Mediterranean Sea today. Find out the town famous for your wine corks and see the secret source of Catalan water.

Since today focus is on kings & queens our home for this evening is next to a king's castle.

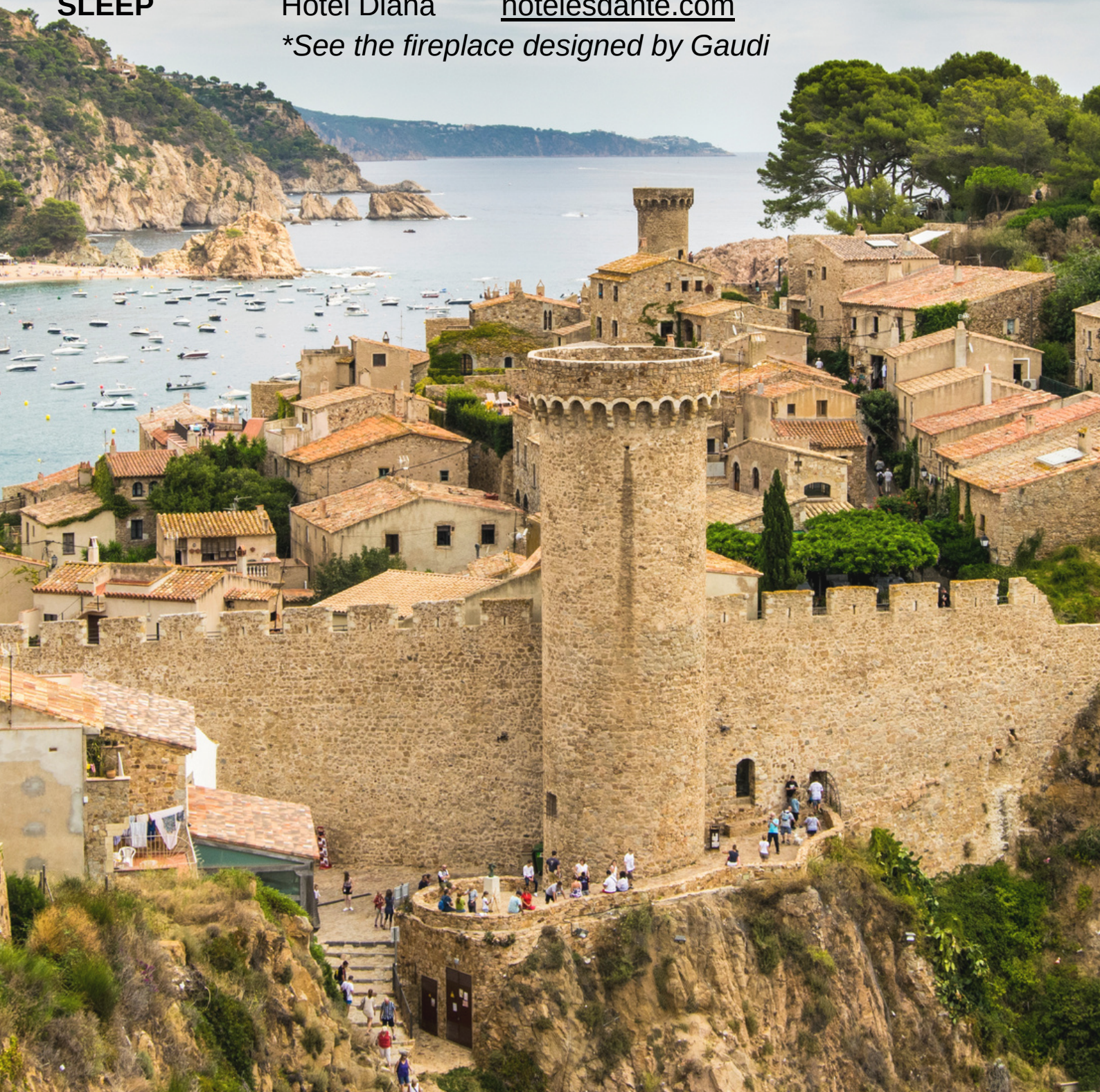
VIBE

60 - 70km; one climb with a sweeping descent & views.

SLEEP

Hotel Diana hotelesdante.com

**See the fireplace designed by Gaudi*



Day 4

RIDE

This morning's ride will be one of your favorites as we're rolling on a gorgeous road with vistas of the Mediterranean Sea.

Stop to take photos or enjoy an "xuxo" at the town of St Feliu. We'll continue up the coast & then inland.



VIBE

50km or 80km.

Beautiful dinner on the terrace at our hotel.

SLEEP

Mas de Torrent or similar
hotelmastorrent.com

Day 5

RIDE

Today, depart the hotel by bike and see a plethora of medieval villages. Ride thru the narrow passageways, learn who lived here centuries ago and how locals thrive today.

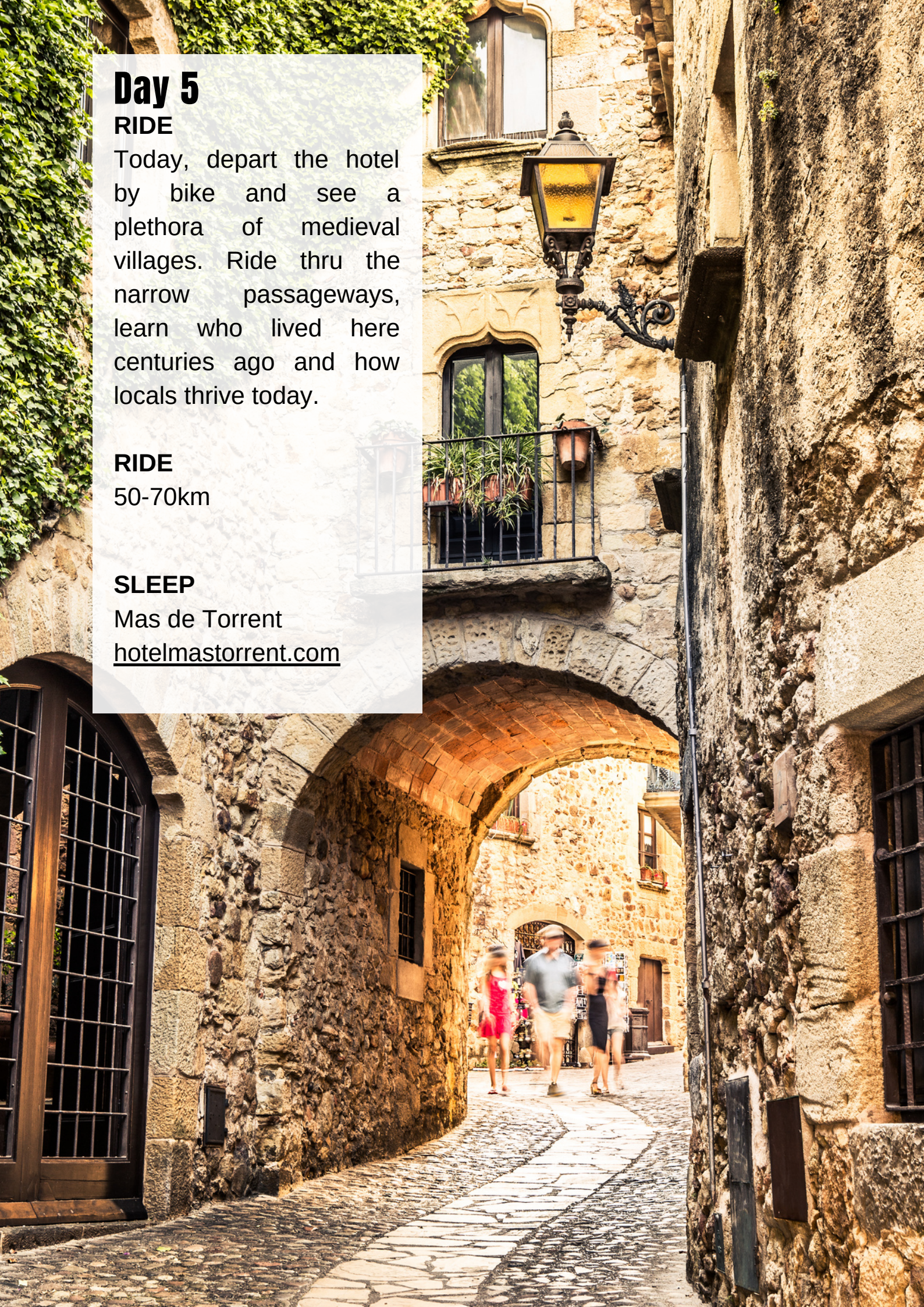
RIDE

50-70km

SLEEP

Mas de Torrent

hotelmastorrent.com



Day 6

RIDE

Today we are heading inland into the countryside. This small farm is a true hidden gem.

Ride your bike over rolling hills and on quiet country roads. You're in the land of some of the most respected farmers in Europe. Their products are well-known but they stay hidden.

After a great day on the bike we'll visit a very unique farm and enjoy an amazing Michelin 1* dinner.

VIBE

Bike. Farm. Catalan farm dinner.

SLEEP

Els Cassals elscasals.cat

Day 7

VIBE

Wake up. Enjoy a true farm to table breakfast of homemade yogurt, jams, eggs, cheeses and fruit. Transfer to the Barcelona Airport.

DEPART

Thank you for trusting us with your trip. We wish you smooth travels ahead.

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This itinerary is subject to change and the change is inevitable.

