

NORWAY

Hike & Explore



NORWAY HIKING

DAY 1 **Welcome to NORWAY!**

WELCOME We'll meet you at the Myrdal Train Station. Get ready for fun because we're transferring down to the bottom of the fjord by gravel bike or zip line. Either way, it's a great start to an adventurous week.

DINE Wine rendezvous to recap the day. Farm to table dinner.

SLEEP *29-2 Aurland Inn* www.292aurland.com



NORWAY HIKING

DAY 2 HIKING THE AURLANDSVAGEN VALLEY

HIKE Find your legs in the wild and beautiful Aurland Valley. the stunning view of Aurland Fjord. We'll hike past farms built in the 1600's. Discover why Norwegians migrated to the USA in the late 1800's. Find out what locals are doing today to preserve the fjords and countryside.

DINE Smokehouse dinner. Wood fired private hot tub & sauna.

Sleep: *29-2 Aurland Inn* www.292aurland.com



NORWAY HIKING

DAY 3 FERRY TO FJAERLAND

DO We'll start the day with a morning kayak on the fjord. After we'll transfer by van. We'll cross multiple waterways. See glaciers. Late afternoon hike.

Our hotel is a historic house converted to a hotel. Its terrace overhangs the fjord and the owner is both a fabulous cook & storyteller.

EAT Picnic lunch. Mouth-watering feast on our fjord terrace.

Sleep: *Fjaerland Fjordstove* <http://fjaerlandhotel.com>



NORWAY HIKING

DAY 4 BOATS & BARD THE CHEF

WATER Wake up and try the brown cheese! Today we'll be jumping on a boat and going for a hike with our favorite storyteller & the hotel owner, Bard. He's passionate about nature, hiking & food so it will be a day to remember. He's also packed a picnic for us to prepare to eat.

DINE 3-course dinner by Bard & his team. On the menu might be: reindeer and sprouting vegetables from the garden.

Sleep: *Fjaerland Fjordstove* <http://fjaerlandhotel.com>



NORWAY HIKING

DAY 5 GLACIERS & LOCAL VILLAGES

REFRESH Laundry Day! Yes, you heard us. Give us your dirty clothes & head out for fun. Today you have options: kayak on the fjord or find the best booksellers in town. Yes, our town is one of a few “book towns” in the world. We also have a great hike planned for the day. If you’d like to fish today is your day.

TASTE Dinner & drinks on the terrace.

Sleep: *Fjaerland Fjordstove* <http://fjaerlandhotel.com>



NORWAY HIKING

DAY 6 GREEN HILLS OF NORWAY

DO Wake up and enjoy a cruiser bike or hike. We're moving to our final destination but have a few fun surprises on the way. Wear your walking shoes. Bring your cameras & taste buds.

DINE At our hotel. Local farm fresh ingredients.

Sleep: *Alesund – 4 star hotel*

DAY 7 SMOOTH TRAVELS

Wake up and enjoy breakfast. Enjoying a morning stroll in Alesund or head to the airport.

Questions?

Call – Email – Text

www.ChasingATLAS.com 435 225 2563 info@ChasingATLAS.com

